## PALMETTO DUNES TENNIS CENTER • 888-926-8707

### **2021 ADULT TENNIS PROGRAMS**

PROGRAM	DAY & TIME	SKILL LEVEL	DESCRIPTION	PRICE		
Grand Slam Clinic	Daily 8:00 a.m 9:30 a.m.	Intermediate to Advanced	Fundamentals of advanced stroke production, footwork & strategy; fast paced drills & ball machine workout.	\$46 daily \$43 / day for 5 or more days		
Competitive Doubles Clinic	Daily 9:30 a.m 11:00 a.m.	Intermediate to Advanced	Strokes, strategy & drills with emphasis on the tools and tactics needed for better doubles play.	\$46 daily \$43 / day for 5 or more days		
Competitive Edge Drills	Daily 11:00 a.m 12:30 p.m.	Intermediate to Advanced	Morning sessions of exhilarating fast-paced practice with a purpose.	\$46 daily \$43 / day for 5 or more days		
S.M.A.R.T. Stroke Next Gen	Daily 9:00 a.m 10:00 a.m.	Beginner to Intermediate	Stroke Media Analysis Review for Tennis. Pros use the latest in super slow-mo on court video analysis. Technology allows quick visual feedback so you can maximize practice during the class. Every day a different stroke is reviewed/taught.	\$35 daily \$33 / day for 5 or more days		
The Drill	Daily 10:00 a.m 11:00 a.m.	Beginner to Intermediate	A variety of drills using stroke combinations are used to improve your play while highlighting each day's S.M.A.R.T. Stroke topic	\$35 daily \$33 / day for 5 or more days		
Daily Duo	Daily 9:00 a.m 11:00 a.m.	Beginner to Intermediate	Combination of "Daily Drill" and "S.M.A.R.T. Stroke" for maximum improvement and terrific savings.	\$61 daily \$59 / day for 5 or more days		
Return of Serve Clinic	Monday 3:30 - 4:30 p.m.	Any skill level	An advanced serve ball machine can vary serve speeds, spin and placement to complement the how to's of better returning.	\$35 daily \$33 / day 2 or more days		
Serve Clinic	Tuesday 3:30 - 4:30 p.m.	Any skill level	Emphasis on stroke production of the serve. Focus on spin, placement & power. On-court video analysis helps provide excellent feedback.	\$35 daily \$33 / day 2 or more days		
Afternoon Drills	Wed., Thurs. & Fri. 3:30 - 4:30 p.m.	Any skill level	Drills that cover a wide variety of skills and movement patterns for a great afternoon workout.	\$35 daily \$33 / day 2 or more days		
Create Your Own Clinic	Your choice of time and pro. Upon availability	Any skill level	Clinic designed to work on the skills and strategies that you want to improve the most. Great for teams and groups of 3 or more.	Ranging from \$32 - \$38 / hour / person based on student : pro ratio		
Fun-Fit-Fast Cardio Tennis (March - October and Holidays)	Monday - Friday 8:00 a.m 9:00 a.m.	Any skill level	A high tempo tennis workout with an emphasis on cardio. Burn and learn with music.	\$30 / hour \$27 / day for 5 or more days		
1 Hour Private	By reservation only	Any skill level	The latest in teaching techniques offered to focus on what you want and need to improve your game.	\$71 (5 or more \$65) \$89 Head Pro (5 or more \$84)		
1/2 Hour Private	ADULT ROUND ROBIN Competitive fun in a socia	\$45 (5 or more \$42) \$51 Head Pro (5 or more \$47)				
1 Hour Semi-Private	Check in at the Tennis Ce Daily, 3:00 p.m 5:00 p.m	\$89 (5 or more \$84) \$103 Head Pro (5 or more \$98)				
1/2 Hour Semi-Private	5,5,5,5,5,5,5,5,5,5,5,5,5,5,5,5,5,5,5,	\$51 (5 or more \$47) \$59 Head Pro (5 or more \$53)				
TARVANCE RECEDIATIONS ARE USUAN RECOMMENDED FOR ALL RECOMMENDS TO ENSURE A SPACE Wall in a second as a small little						

<sup>\*</sup>ADVANCE RESERVATIONS ARE HIGHLY RECOMMENDED FOR ALL PROGRAMMING TO ENSURE A SPACE. Walk-ins are welcome based on availability.

### PALMETTO DUNES TENNIS CENTER • 888-926-8707



# COMPLIMENTARY ACTIVITIES (March-October)

## WELCOME PRO EXHIBITION AND HAPPY HOUR Monday nights at 5:30 p.m. (SUSPENDED)

Staff members & guests gather over complimentary cocktails to watch the pros play top flight, entertaining tennis.

### **DEMO DAYS • Every Tuesday at 2:30 p.m. (SUSPENDED)**

Try out the latest in racquet technology while the pros help guide your choice and answer questions.



#### **ADDITIONAL SERVICES**

- Racquet Stringing: 24 hour service guaranteed
- Racquet Rentals: \$5/racquet

# 2021 JUNIOR TENNIS PROGRAMS (March - Labor Day & Holidays) Holiday Junior Program days and times are available online and in the pro shop

Hodady Samor Frogram days and times are available online and in the pro shop								
PROGRAM	DAY & TIME	SKILL LEVEL	DESCRIPTION	PRICE				
Short Shots Clinic	Monday - Friday 8:30 a.m 9:00 a.m.	Ages 4 - 5 (Red Ball)	Tennis fun with motor skills development to improve hand-eye & ball striking skills.	\$15 daily				
Super Shots Clinic	Monday - Friday 9:00 a.m 9:30 a.m.	Ages 6 - 8 (Red/Orange Ball)	A more descriptive instruction of each stroke; emphasis on instruction and fun activities.	\$15 daily				
Big Shots Clinic	Monday - Friday 8:30 a.m 9:30 a.m.	Ages 9 - 10 (Orange/Green Ball)	Develop and learn basic rallying practices along with technique in a fun environment.	\$30 daily \$27 / day for 5 or more days				
HHI Jr. Tennis Academy NEW!  *Must sign up by 12 p.m. day of clinic to guarantee spot.	Monday - Friday 9:30 a.m 11:00 a.m.	Ages 11 - 17 Beginner through advanced tournament level. Players are grouped primarily by ability.	Technique and tactics for players new to the sport and advanced tools for the ranked junior. Emphases include footwork, stroke production, strategies for singles and doubles and live play — all in a fun, healthy environment.	\$46 daily \$43 / day for 5 or more days				

\*ADVANCE RESERVATIONS ARE HIGHLY RECOMMENDED FOR ALL PROGRAMMING TO ENSURE A SPACE.

Walk-ins are welcome based on availability.

#### **COURT FEES**

We have 19 clay courts. Four tennis courts are lighted for night play. The lighted courts may be used on a first-come, first-serve basis, anytime after dark until 11:00 p.m. All fees listed below are per court hour. Light tokens may be purchased at Pro Shop.

Palmetto Dunes Guest \$35 before noon, \$30 after 12:00 noon Non-Resort Guest \$40

Walk-On Rate (1:00 - 4:00 p.m.) \$20 Lighted Clay Courts \$20