

PALMETTO DUNES TENNIS CENTER • 888-926-8707

2023 ADULT TENNIS PROGRAMS

PROGRAM	DAY & TIME	SKILL LEVEL	DESCRIPTION	PRICE
Grand Slam Clinic	Daily 8:00 a.m. - 9:30 a.m.	Intermediate to Advanced	Fundamentals of advanced stroke production, footwork & strategy; fast paced drills & ball machine workout.	\$49 daily
Competitive Doubles Clinic	Daily 9:30 a.m. - 11:00 a.m.	Intermediate to Advanced	Strokes, strategy & drills with emphasis on the tools and tactics needed for better doubles play.	\$49 daily
Competitive Edge Drills	Daily 11:00 a.m. - 12:30 p.m.	High-Intermediate to Advanced	Morning sessions of exhilarating fast-paced practice with a purpose.	\$49 daily
S.M.A.R.T. Stroke Next Gen	Daily 9:00 a.m. - 10:00 a.m.	Beginner to Intermediate	Stroke Media Analysis Review for Tennis. Pros use the latest in super slow-mo on court video analysis. Technology allows quick visual feedback so you can maximize practice during the class. Every day a different stroke is reviewed/taught.	\$36 daily
The Drill	Daily 10:00 a.m. - 11:00 a.m.	Beginner to Intermediate	A variety of drills using stroke combinations are used to improve your play while highlighting each day's S.M.A.R.T. Stroke topic	\$36 daily
Return of Serve Clinic	Monday 3:30 - 4:30 p.m.	Intermediate to Advanced	An advanced serve ball machine can vary serve speeds, spin and placement to complement the how to's of better returning.	\$36 daily
Serve Clinic	Tuesday 3:30 - 4:30 p.m.	Any skill level	Emphasis on stroke production of the serve. Focus on spin, placement & power. On-court video analysis helps provide excellent feedback.	\$36 daily
Afternoon Drills	Wed., Thurs. & Fri. 3:30 - 4:30 p.m.	Intermediate to Advanced	Drills that cover a wide variety of skills and movement patterns for a great afternoon workout.	\$36 daily
Create Your Own Clinic	Your choice of time and pro. Upon availability	Any skill level	Clinic designed to work on the skills and strategies that you want to improve the most. Great for teams and groups of 3 or more.	Ranging from \$34 - \$40 / hour / person based on student : pro ratio
Fun-Fit-Fast Cardio Tennis	Monday - Friday 8:00 a.m. - 9:00 a.m.	Any skill level	A high tempo tennis workout with an emphasis on cardio. Burn and learn with music.	\$33 / hour
1 Hour Private	By reservation only	Any skill level	The latest in teaching techniques offered to focus on what you want and need to improve your game.	\$74 \$94 Head Pro
1/2 Hour Private	ADULT ROUND ROBINS Competitive fun in a social setting for our Tennis Center guests. A minimum of 3 players is required. Check in at the Tennis Center at least 15 minutes prior to starting time. Daily, 3:30 p.m. - 5:30 p.m. Price: \$19 per person			\$47 \$54 Head Pro
1 Hour Semi-Private				\$94 \$110 Head Pro
1/2 Hour Semi-Private				\$54 \$65 Head Pro

***ADVANCE RESERVATIONS ARE HIGHLY RECOMMENDED FOR ALL PROGRAMMING TO ENSURE A SPACE. Walk-ins are welcome based on availability.**

PALMETTO DUNES TENNIS CENTER • 888-926-8707

2023 JUNIOR TENNIS PROGRAMS (March - April, Memorial Day - Labor Day & Holidays)

Holiday Junior Program days and times are available online and in the pro shop

PROGRAM	DAY & TIME	SKILL LEVEL	DESCRIPTION	PRICE
Short Shots Clinic	Monday - Friday 9:00 a.m. - 9:30 a.m.	Ages 4 - 5 (Red Ball)	Tennis fun with motor skills development to improve hand-eye & ball striking skills.	\$17 daily
Super Shots Clinic	Monday - Friday 9:00 a.m. - 9:30 a.m.	Ages 6 - 8 (Red/Orange Ball)	A more descriptive instruction of each stroke; emphasis on instruction and fun activities.	\$17 daily
Big Shots Clinic	Monday - Friday 8:00 a.m. - 9:00 a.m.	Ages 9 - 10 (Orange/Green Ball)	Develop and learn basic rallying practices along with technique in a fun environment.	\$32 daily
HHI Jr. Tennis Academy	Monday - Friday 9:30 a.m. - 11:00 a.m.	Ages 11 - 17 Beginner through advanced tournament level. Players are grouped primarily by ability.	Technique and tactics for players new to the sport and advanced tools for the ranked junior. Emphases include footwork, stroke production, strategies for singles and doubles and live play — all in a fun, healthy environment.	\$49 daily

***ADVANCE RESERVATIONS ARE HIGHLY RECOMMENDED FOR ALL PROGRAMMING TO ENSURE A SPACE.**
Walk-ins are welcome based on availability.



ADDITIONAL SERVICES

- **Racquet Stringing:**
24 hr service guaranteed
- **Racquet Rentals:**
\$5/racquet

COURT FEES

We have 19 clay courts. Four tennis courts are lighted for night play. The lighted courts may be used on a first-come, first-serve basis, anytime after dark until 11:00 p.m. All fees listed below are per court hour. Light tokens may be purchased at Pro Shop.

Palmetto Dunes Guest \$35 before noon, \$30 after 12:00 noon Non-Resort Guest \$40
Walk-On Rate (1:00 - 4:00 p.m.) \$20 Lighted Clay Courts \$20